

Week 1 – Alternative Menu

SPRING/SUMMER 23/24

15th April, 6th May, 3rd June, 24th June,
15th July, 16th September, 7th October

Allergen key:

May Contain in ()

													
Peanuts (P)	Nuts (N)	Crustaceans (Shellfish) (CR)	Molluscs (Shellfish) (MO)	Fish (F)	Eggs (E)	Milk (MI)	Cereals containing Gluten (G)	Soya (S)	Sesame seeds (SS)	Celery (CE)	Mustard (MU)	Lupin (L)	Sulphur Dioxide (SD)

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<i>GLUTEN FREE</i>	Tomato & Herb GF Pasta with GF Garlic Bread, Seasonal Vegetables	GF Sausage with Herby Diced Potatoes, Seasonal Vegetables	Chicken Curry with Rice, Seasonal Vegetables CE;	Roast Chicken, Crispy Roast Potatoes, Seasonal Vegetables, Gravy	Vegetable Goujons & Chips with Beans or Peas
<i>GLUTEN FREE DESSERT</i>	Ice Cream Sundae MI;	GF Shortbread Biscuit	GF Vanilla Sponge E;MI;	Fresh Fruit or Jelly	GF Cupcake E;MI;
<i>DAIRY FREE</i>	Tomato & Herb Penne Pasta with Garlic Bread, Seasonal Vegetables G;S;	Hot dog with Herby Diced Potatoes, Seasonal Vegetables G;SD;(S);(SS)	Chicken Curry with Rice and Naan Bread, Seasonal Vegetables CE;G;	Roast Chicken, Crispy Roast Potatoes, Seasonal Vegetables, Gravy	Battered Fish & Chips with Beans or Peas G;F;
<i>DAIRY FREE DESSERT</i>	DF Ice Cream Sundae	Shortbread Biscuit G;	Vanilla Crunch G;E;	Flapjack G;	Cupcake G;E
<i>VEGAN</i>	Tomato & Herb Penne Pasta with Garlic Bread, Seasonal Vegetables G;S;	Veggie Hot Dog with Herby Diced Potatoes, Seasonal Vegetables G;CE;(S);(SS)	Chicken Curry with Rice, Seasonal Vegetables CE;	Roast Quorn, Crispy Roast Potatoes, Seasonal Vegetables, Gravy G;	Vegetable Goujons & Chips with Beans or Peas
<i>VEGAN DESSERT</i>	DF Ice Cream Sundae	Shortbread Biscuit G;	Vegan Vanilla Crunch G;	Flapjack G;	Vegan Cupcake G;S;

Week 2 – Alternative Menu

SPRING/SUMMER 23/24

22nd April, 13th May, 10th June, 1st July,
2nd September, 23rd September, 14th October

Allergen key:

May Contain in ()

 Peanuts (P)	 Nuts (N)	 Crustaceans (Shellfish) (CR)	 Molluscs (Shellfish) (MO)	 Fish (F)	 Eggs (E)	 Milk (MI)	 Cereals containing Gluten (G)	 Soya (S)	 Sesame seeds (SS)	 Celery (CE)	 Mustard (MU)	 Lupin (L)	 Sulphur Dioxide (SD)
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MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

<i>GLUTEN FREE</i>	Vegetable GF Pasta Bolognaise, Seasonal Vegetables	Chicken Fillet, Herby Diced Potatoes, Salad	Sweet & Sour Chicken with Rice, Seasonal Vegetables CE;	Roast Pork, Crispy Roast Potatoes, Seasonal Vegetables, Gravy	Vegetable Goujons & Chips with Baked Beans or Peas
<i>GLUTEN FREE DESSERT</i>	GF Iced Sponge E'MI;	Ice Cream Sundae MI;	GF Shortbread Biscuit	Jelly & Ice Cream MI;	GF Lemon Drizzle Cake E,MI;
<i>DAIRY FREE</i>	Vegetable Pasta Bolognaise, Seasonal Vegetables G;	Breaded Chicken Steak, Herby Diced Potatoes, Salad G;	Sweet & Sour Chicken with Rice, Seasonal Vegetables CE;	Roast Pork, Crispy Roast Potatoes, Seasonal Vegetables, Gravy	Fish Fingers & Chips with Baked Beans or Peas G,F;
<i>DAIRY FREE DESSERT</i>	Iced Sponge G,E;	DF Ice Cream Sundae	Shortbread Biscuit G;	Jelly & DF Ice Cream	Lemon Drizzle Cake G,E;
<i>VEGAN</i>	Vegetable Pasta Bolognaise, Seasonal Vegetables G;	Quorn Fillet, Herby Diced Potatoes, Salad G;	Sweet & Sour Quorn with Rice, Seasonal Vegetables CE,G;	Roast Pork, Crispy Roast Potatoes, Seasonal Vegetables, Gravy G;	Vegetable Spring Roll & Chips with Baked Beans or Peas G,S,SS;
<i>VEGAN DESSERT</i>	Vegan Iced Sponge G,S;	DF Ice Cream Sundae	Shortbread Biscuit G;	Jelly & DF Ice Cream	Vegan Lemon Drizzle Cake G,S;

Week 3 – Alternative Menu

SPRING/SUMMER 23/24

29th April, 20th May, 17th June, 8th July,
9th September, 30th September, 21st October

Allergen key:

May Contain in ()



Peanuts (P)



Nuts (N)



Crustaceans (Shellfish) (CR)



Molluscs (Shellfish) (MO)



Fish (F)



Eggs (E)



Milk (MI)



Cereals containing Gluten (G)



Soya (S)



Sesame seeds (SS)



Celery (CE)



Mustard (MU)



Lupin (L)



Sulphur Dioxide (SD)

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

GLUTEN FREE	Margherita Pizza, Potato Wedges, Seasonal Vegetables MI;	Breakfast Brunch S;SD;E;	BBQ Chicken, Rice, Seasonal Vegetables	Roast Chicken, Crispy Roast Potatoes, Seasonal Vegetables, Gravy	Vegetable Goujons with Chips, Beans or Peas
GLUTEN FREE DESSERT	Ice Cream Sundae MI;	Chocolate Sponge E;MI;	GF Muffin E;MI;	GF Chocolate Cookie	GF Chocolate Sponge E;MI;
DAIRY FREE	Margherita Pizza, Potato Wedges, Seasonal Vegetables	Breakfast Brunch G;S;SD;E;	BBQ Chicken, Rice, Seasonal Vegetables G;	Roast Chicken, Crispy Roast Potatoes, Seasonal Vegetables, Gravy	Chicken Dippers with Chips, Beans or Peas G;CE;
DAIRY FREE DESSERT	DF Ice Cream Sundae	Chocolate Nest G;	Fruit Muffin G;E;	Chocolate Cookie G;	Chocolate Crunch G;E
VEGAN	Margherita Pizza, Potato Wedges, Seasonal Vegetables	Began Breakfast Brunch G;CE;	BBQ Quorn Taco with Rice, Seasonal Vegetables G;	Roast Quorn, Crispy Roast Potatoes, Seasonal Vegetables, Gravy G;	Quorn Dippers with Chips, Beans or Peas G;
VEGAN DESSERT	DF Ice Cream Sundae	Chocolate Nest G;	Vegan Muffin G;S;	Chocolate Cookie G;	Vegan Chocolate Crunch G;

